## Do you want to help?

## Do you care about other people?

Every fifth Finn suffers from the smell of fragrances. They cause strong and prolonged symptoms such as shortness of breath, headache and nausea. Help a person near you by using fragrance-free detergents, creams and chemicals. Attend public places without perfume or after shave.



Kuva: http://www.cepolina.com/freephoto/v/V.asp?N=hand.light&S=hand

## Use fragrance-free products so that your presence will bring joy to everyone.

Suomen Hajuste- ja Kemikaaliyliherkät ry, www.hajusteyliherkkyys.com